

## Environmental Leadership Apprenticeship Program What to Bring

Backpack or large duffel bag Sleeping bag and insulated undermat Eating utensils - plate, bowl, cup plus knife, fork, spoon Clothes for the 6 days Extra socks Light jacket Rain gear Hat (With wide brim &/or neck protection) Sun-block Water bottle Bathing suit Towel Toiletries (soap, toothbrush and paste, deodorant, etc.) Plastic bag for wet clothes Good walking shoes, runners or excellent sandals Rubber boots or old shoes for going in the water. Headlamp or good flashlight (extra batteries)

Camera (optional)

**PLEASE NOTE:** We'll be outside in every kind of activity. Please make sure your child has the appropriate outdoor and cool weather clothing for any type of weather.